

## Original Article

### Evaluation of Endoglin as an Angiogenesis Marker in Glioblastoma

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#### ABSTRACT

**Background and Objectives:** Angiogenesis is essential for growth and metastasis of solid malignancies. Tumor vessel count and expression of vascular endothelial growth factor (VEGF), a potent angiogenic factor, have been associated with prognosis. This study was designed to assess vessels density by using CD31 and CD105 (Endoglin) and their correlation with expression of VEGF and proliferative index (Ki67) in Glioblastoma multiforme (GBM).

**Methods:** We examined these parameters in GBM specimens from 50 adult patients; referred to Al-Zahra hospital Pathology Lab between 2001 to 2006. These patients did not receive pre-operative therapy. Paraffin-embedded tumor specimens were immunohistochemically stained for CD31, CD105 (Endoglin), VEGF and Ki67 (proliferation index) monoclonal antibodies. Microvessel density (MVD) was evaluated by immunostaining for CD31 and CD105. Then the results were compared between the two and also with VEGF receptors and Ki67 index.

**Results:** CD105-MVD was significantly higher in Glioblastoma compared with peritumoral normal (14.28 vs. 6.68:  $P=0.012$ ). We did not find such difference for CD31. The mean of CD105-MVD was significantly higher than CD31-MVD in Glioblastoma tissue ( $P<0.001$ ) although there was a significant positive relationship between them (Pearson's  $r=0.630$   $P<0.001$ ). The VEGF scoring for tumoral tissue was 12 % (score:1), 46% (score:2) and 42% (score:3). For peritumoral normal tissue were 92% (score:1) and 8% (score:2). So they reach to statistical significance (Chi Square,  $P=0.001$ ). Both MVD of CD105 and CD31 have significant relationship with VEGF ( $P<0.001$ ).

**Conclusion:** We suggest that Endoglin can be used as a specific and sensitive marker for evaluation of angiogenesis in Glioblastoma.

**Keywords:** CD105, CD31 Antigens, Vascular Endothelial Growth Factor, Angiogenesis, Glioblastoma Multiforme

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## Introduction

**G**lioblastoma multiforme (GBM) is the most frequent and malignant primary tumor of the central nervous system in adults. Despite the availability of aggressive therapies, median survival rates from the time of diagnosis range between 12 and 15 months, and fewer than 3% of patients survive more than 5 years (1). Among solid tumors, this tumor displays the most angiogenic features and the highest degree of vascular proliferation and endothelial cell hyperplasia. Angiogenesis is a key pathologic event in high grade glioma and necessary for the progression of a localised neoplasm to a highly aggressive tumor (2). So microvessel density (MVD) has been reported to be an independent prognostic factor for adult gliomas (3, 4).

CD105 (cluster of differentiation molecule 105) is a transmembrane homodimer protein of 180 kDa which is characteristically found on endothelial (blood vessel) walls (2). It is a key component of the transforming growth factor b (TGFb) receptor signaling pathway, involved with both receptors 1 and 2 (2). CD105 fulfills key roles in angiogenesis and vasculogenesis during development (possibly through preventing apoptosis in hypoxic endothelial cells (2)). As a marker for blood vessels CD105 is associated with immature vessels, and some studies have suggested it could be a marker that preferentially stains for novel angiogenic vessels. It has also been proposed that CD105 is a marker for mesenchymal stem cells (5). In some tumor types it has been correlated negatively with prognosis, but its role in high grade gliomas (particularly in childhood) is not yet clear (6-8, 2). Because of its apparent specificity for tumor-associated blood vessels, CD105 is also of interest as a therapeutic target, with monoclonal antibody therapy in early stage clinical trials (9-11). The measurement of angiogenesis is complicated by the fact that it is a dynamic process. Most studies have been focused on the product of angiogenesis, microvascular

density (MVD), which is analyzed at a special point of time (12). Conventional immunohistochemical measurement of microvessel density as a proxy marker for angiogenic activity has utilized markers of mature endothelial cells such as CD31, CD34 or factor VIII.

Variable results have been achieved, both in high grade gliomas and other tumor types (2) with some groups finding strong correlations with prognosis, but other centers finding no link to outcome (7).

This study was designed to assess vessels density by using CD31 and CD105 (Endoglin) and their correlation with expression of VEGF and proliferative index (Ki67) in Glioblastoma multiforme (GBM).

## Materials and Methods

### Patients and specimens

Paraffin embedded tissue blocks and H&E stained slides of glioblastoma cases were retrieved from pathology archive of Alzahra Hospital, Medical University of Isfahan, between 2001 and 2010. Among 520 slides which were screened to ascertain their appropriate diagnoses. Among these, 50 appropriate paraffin embedded tissue blocks were selected. The mean age of the studied patients was 48.45 years and sex distribution was 35 males and 15 females.

All specimens were again served for staining with routine Hematoxylin and Eosin sections and evaluated by two pathologists according to WHO Classification of Brain Tumors. Only permanent samples were used for staining and immunohistochemistry. Three slides with 3 µm thicknesses were prepared from each sample and served for staining by CD31, CD105, VEGF and Ki67 monoclonal antibodies.

### Immunohistochemical Method

Slides deparaffinized with xylol and then rehydrated with alcohol series. Immunohistochemistry was performed by using the avidin-biotin-peroxidase complex (ABC) method. Endogenous peroxidase

activity was blocked by immersing the slides into 0.3% H<sub>2</sub>O<sub>2</sub> for 5-10 min. The sections were then individually covered with specific antibodies. The primary antibody used was a monoclonal antibody (clone SN6H, Dako) at 1:25 dilution for Endoglin, a monoclonal antibody (mAb, clone JC70A, Dako) at 1:50 dilution for CD31, and a monoclonal antibody MIB-1 (Dako) at 1:50 dilution for Ki67 cDNA fragment. In each specimen, the secondary antibody was applied by peroxidase-conjugated streptavidin (Dako) for 15 min and 3,3-diaminobenzidine tetrachloride for 7-10 min as chromogen. For Endoglin immunostaining, specimens were pre-treated with proteinase K enzyme (DAKO) at room temperature for 10 minutes. Prior to staining for CD31 and MIB-1(13), the sections were treated by four washes of 10 mmol/L citrate buffer in a microwave for 5 min. Negative controls were obtained by substituting primary antibodies with non-immune serum.

### Slides Evaluation

Microvessel density was evaluated by immunostaining for CD31 and CD105 according to the procedure described by Weidner *et al.* (14). The four most vascularized areas (hot-spots) in the tumor were located at low magnification ( $\times 40$ ) and then counted at ( $\times 400$ ) magnification in each of these areas. Each positive endothelial cell or cluster of endothelial cells with or without a lumen in contact with a spot was counted as an individual vessel. The mean of vessels in four fields was used as CD105 microvessel density or CD31 microvessel density. For statistical analysis, we alter the MVD value into the mean number of microvessels/mm<sup>2</sup>. VEGF stained cells were counted in 1000 cells as a percentage; then scored as 1 (less than 25%), 2 (25-50%) and 3 (more than 50%).

The Ki67 proliferating index was calculated in percentage by counting 1000 nuclei of tumor cells. All degrees of nuclear staining intensity were considered as positive.

### Statistical Analysis

Data were analyzed by using the SPSS software version 16.0. The mean and SD of microvessel density in tumoral and peritumoral normal tissues were determined. Statistical analysis included one-way analysis of variance, Chi-square, Wilcoxon, Kruskal-Wallis and t-student. A linear regression analysis (Pearson's *r*) was used to identify the relationship between two variables. According to odds ratio and 95% confidence interval the probability (*P*) value less than 0.05 was considered as significant.

### Results

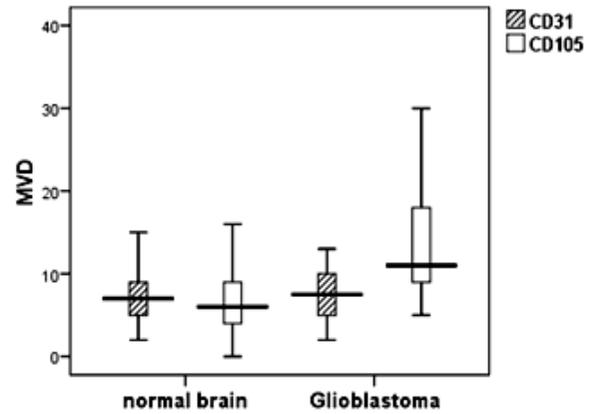
In the 50 Glioblastoma specimens, the mean of CD31-MVD was  $8.18 \pm 5.15$  microvessels/field (range, 2-30) and in 25 peritumoral non-neoplastic tissue, it was  $7.88 \pm 4.91$  microvessels/field (range, 2-25). CD31-MVD did not significantly differ between non-neoplastic and neoplastic areas ( $P=0.807$ ) (Fig.1). In contrast, CD105 was seldom expressed in the blood vessels of normal brain tissue and only stained the neoplastic blood vessels. The mean microvessel density using CD105 in neoplastic areas was  $14.28 \pm 8.13$  (range, 5-40) compared with  $6.68 \pm 4.20$  (range, 0-16) in non-neoplastic areas. We observed a significant difference between them ( $P=0.012$ ). The correlation between CD105 – MVD and CD31-MVD is shown in Table 1 and Fig. 2. We introduced a cutoff point of  $\geq 10$  for MVD based on visual inspection of individual histograms. In this cutoff point there was a significant difference between CD105-MVD in neoplastic and normal brain tissue ( $P<0.001$ ). CD105 specificity and sensitivity for diagnosis of neoplastic angiogenesis were respectively 80% and 74% further more odds ratio of CD105 for neoplastic and peritumoral normal tissues was 11:1. We did not detect any significant difference between them for CD31-MVD ( $P=0.71$ ) even by changing its cutoff point. The mean CD31-MVD compared with the mean CD105-MVD in neoplastic areas was lower ( $P<0.001$ ). In the

case-by-case analysis, CD31-MVD in 10 patients was equal to CD105-MVD and in the other, it was lower than CD105-MVD (Wilcoxon test  $P < 0.001$ ). We observed a statistically positive correlation between them (Pearson's  $r = 0.630$   $P < 0.001$ , Adjusted r Square = 0.385).

The VEGF scoring for tumoral tissue was 12% (score:1), 46% (score:2) and 42% (score:3). In peritumoral normal tissue were 92% (score: 1) and 8% (score: 2). So they reach to statistical significance ( $P = 0001$ ). Both MVD of CD105 and CD31 have significant positive relationship with VEGF ( $P < 0.001$ ).

The mean proliferation index (Ki 67) of tumoral cells was  $21.44 \pm 11.258$  (range, 7-62). Both CD105 and CD31- MVD was correlated with proliferation index (Pearson's  $r = 0.611$   $P < 0.001$ , Adjusted r Square = 0.360 and Pearson's  $r = 0.360$   $P = 0.01$ , Adjusted r Square = 0.111 respectively); but the association was stronger for CD105 than CD31. A significantly higher Ki67 value was evidenced in cases displaying  $MVD \geq 10\%$  in both CD31 and CD105 ( $P < 0.001$  and  $P = 0.013$

respectively). Using a cubic regression model to survey the relationship between Ki67 with CD31 and CD105-MVD, we observed a stronger correlation between them than linear model ( $r = 0.668$  Adjust r square = 0.41  $P < 0.001$  and  $r = 0.436$  Adjust r square = 0.137  $P = 0.02$  respectively) (Fig. 3).

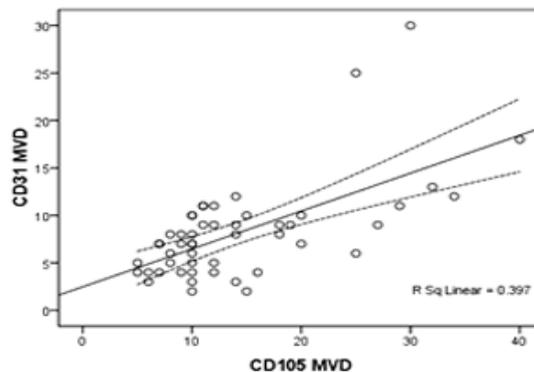


**Fig.1:** Mean CD105 - MVD and CD31-MVD in glioblastoma and peritumoral non neoplastic brain tissues. ( $P = 0.807$  for CD31-MVD and  $P = 0.012$  for CD105-MVD)

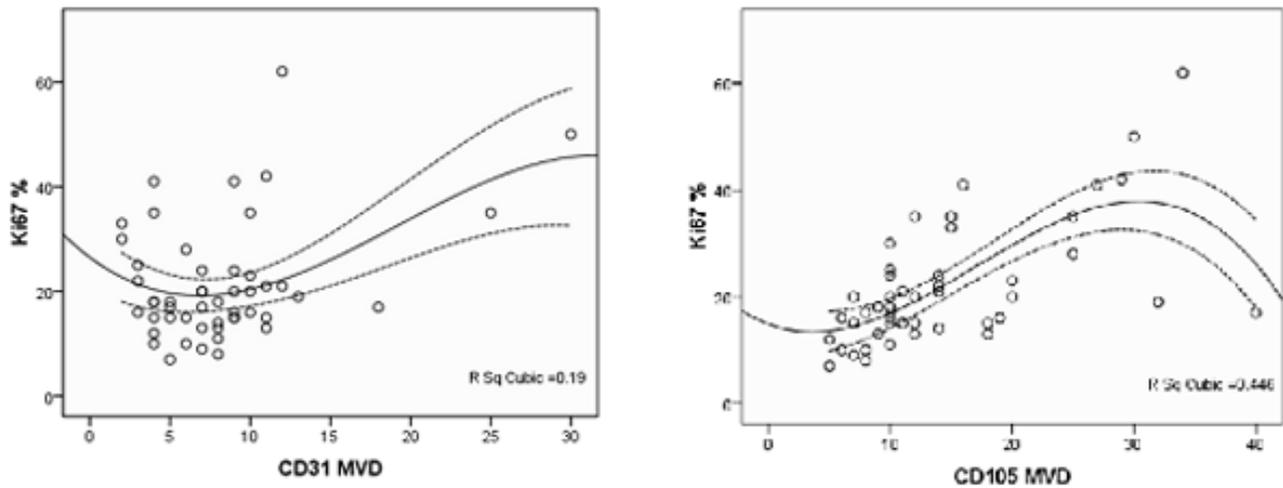
**Table 1-** Correlation Between Angiogenesis Markers with Neoplastic and Non-Neoplastic Tissues

		Positive	Negative	P value
		( $\geq 10$ MVD/f)	(<10 MVD/f)	
		N (%)	N (%)	
<b>Glioblastoma</b>	CD105	37 (74)	13 (34)	<0.001
	CD31	14 (28)	36 (72)	0.712
<b>Normal Brain</b>	CD105	5 (20)	20 (80)	
	CD31	6 (24)	19 (76)	

**CD105 Odds Ratio 11:1 95% Confidence Interval: 3.54-36.53**



**Fig.2:** Correlation Between CD105 Microvessel Density (MVD) and CD31-MVD in Glioblastomas (Pearson's  $r = 0.630$   $P < 0.001$ )



**Fig. 3:** Correlation of CD105 and CD31 MVD with Proliferation Index (Ki 67) of Glioblastoma Cells. ( $R=0.668$   $P<0.001$  for CD105-MVD and  $R=0.436$   $P=0.02$  for CD31-MVD)

### Discussion

Tumor angiogenesis and its clinical significance have been studied in a variety of cancers. In this study, we compared anti-CD31 mAb with anti-CD105 mAb to introduce a better marker in evaluation of Glioblastoma angiogenesis. We revealed a difference in CD105 expression in endothelial cells between non-neoplastic and neoplastic areas in glioblastoma.

In contrast to Endoglin, CD31 a pan-endothelial marker was expressed in endothelial cells of both normal and neoplastic tissues. It means that CD105 is a specific marker for recognizing the angiogenesis in neoplastic tissue. This is in line with previous studies on meningiomas (15) and pediatric brain tumors (7). In the study conducted by Minhajat *et al.* (16), this subject was revealed on several tumors including: brain, lung, breast, stomach, and colon cancers. But in their study, there were only nine Glioblastoma specimens. To our knowledge it was the first time that this comparison was performed on Glioblastoma and normal brain tissue with 50 samples. In this study we showed that CD105 expression in neoplastic endothelial cells was more than CD31 expression. Thus, it can be said that CD105 is a sensitive angiogenesis marker in neoplastic tissues. This subject was previously shown by

several studies on Glioblastoma, breast, prostate cancer, colorectal and endometrial carcinomas and tongue SCC which showed that CD105 was more expressed in the neoplastic vessels compared with CD31. However, some studies on meningiomas, oligodendrogliomas, and craniopharyngiomas showed that CD34 (another pan-endothelial marker) is expressed more than CD105 in the neoplastic endothelial cells (6, 15, 17). Yao *et al.* (18) did not show any difference between CD105-MVD and CD31-MVD in Glioblastoma and anaplastic astrocytomas (two high grade Gliomas) and also showed that, in low grade astrocytoma CD31 expression was higher than CD105. The hypothesis that explains this difference between various studies is entrapment of preexisting vessels, in low grade tumors which is different from neovascularization in high grade tumors (12, 18). Furthermore CD34 is not a specific marker and can stain some mesenchymal cells and may be difficult to interpret (19). We also showed a positive relationship between CD105 and CD31-MVD in Glioblastoma. This association between CD105 and pan-endothelial markers was in line with previous studies on Glioblastoma and other tumors (8, 15).

We also determined a cutoff point for MVD in Glioblastoma which figures more than it showed

abnormal angiogenesis. In this point, specificity and sensitivity of CD105 for diagnosis of neoplastic angiogenesis were 72% and 80% respectively; whereas there was no difference between CD31-MVD in Glioblastoma and normal brain tissue. We showed that CD105 odds ratio was 11:1 which means that abnormal angiogenesis (CD105-MVD $\geq$ 10 microvascular/field) is 11 times more in Glioblastoma than normal brain tissue. Interestingly, Mineo *et al.* (20), in their study on non-small cell lung cancer demonstrated a cutoff point, much higher than our cutoff and by a multivariate analysis showed that only CD34 but not CD31 and CD105 were significant predictive factors for overall survival. VEGF expression significantly correlated with high CD105 and CD31 expression. The same results have been obtained in previous studies on Glioblastoma, hepatocellular carcinoma, colon, prostate and lung cancers; but in renal cell carcinoma VEGF does not correlate with MVD (21-25). In this study, we have demonstrated that there was a positive relationship between Ki67 (proliferation index) with CD105-MVD and CD31-MVD, but this association was stronger with CD105-MVD. While 36% from deviation of Ki67 obtained by CD105-MVD variations, only 11% from it obtained by CD31-MVD variations. Prior study on Glioblastoma had shown this association only with CD105-MVD (8). This suggests that tumor angiogenesis could play a role in furthering cell proliferation, as in some other tumors (8).

Previous studies on brain tumors have shown that Ki67 increases with tumor malignancy grade (13, 26, 27). Ki67 also correlated with the possibility of recurrence and survival of brain tumors (13). Therefore, the association between Ki67 and MVD can show the significance of MVD in prognosis of brain tumors. Of course, this association was assessed in previous studies (4). Because the association between Ki67 with CD105-MVD was stronger, we assumed that CD105 is a better marker for evaluation the

prognosis of brain tumor. We did not perform this survey but previous studies showed it in Glioblastoma and other cancers (8,18).

We performed a cubic regression model between Ki67 with CD31-MVD and CD105-MVD and observed that this model obtained their associations in a better way. By this plot, it appears that the cubic model follows the shape of the data in a better way. This model says that, after a certain point, the Ki67 decreases. Of course this should be studied more to be accepted. Further studies should be performed to elucidate this model in various tumors with various vascularities.

Our defects in this study were lower control samples and other demographic data was not determined.

## Conclusion

We could say that endoglin is a specific and sensitive marker for evaluation of angiogenesis in Glioblastoma.

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